

Have questions about keeping employees safe as your business reopens? [Ask a public health nurse.](#)

For both employers and employees, there may be uncertainty and fear around reopening a business during this pandemic. Having plans and good communication in place can help to alleviate some of this. Public Health Nurses from the Alaska Section of Public Health Nursing are a resource.

If you are reopening your business, or bringing employees back into the office from teleworking, local Public Health Nurses are available to help review plans you have in place to protect employees, go over what happens if an employee tests positive for COVID-19, and provide information to employees about COVID-19.

To reach a Public Health Nurse, go to juneau.org/covid19. From the COVID-19 Menu; click on Volunteer, Donate & Assistance; then Request Assistance; choose Business/Organization in the dropdown menu, fill in the simple form, and check the "Public Health Nurse Guidance on Business Reopening" box before you hit submit.

What can you do to keep the community safe?

As the economy in Juneau slowly reopens and state mandates are lifted, it's up to the general public to ensure there isn't a spike in the number of COVID-19 cases:

- Continue staying 6-10 feet from non-household members. Social distancing remains one of the best ways to slow the spread.
- Wear a cloth face covering in public.
- Practice good hygiene: Avoid touching your face, wash your hands frequently, and regularly sanitize frequently-touched surfaces.
- If you're feeling even mildly ill with new symptoms like fatigue, cough, fever, or a decreased sense of taste or smell, contact your health care provider or call Juneau's COVID-19 Screening Hotline at 586-6000, 8 a.m. to 5 p.m. daily. Testing may be arranged at the local CCFR Drive-Thru Testing Center if appropriate. Increased testing will help keep the lid on COVID-19 by making sure new cases are detected quickly.
- If you're an older adult or someone with an underlying medical condition, please continue to stay home as much as possible.

FOR MORE INFORMATION, VISIT JUNEAU.ORG/COVID-19.

THANK YOU!

BARTLETT HEROES



Hospital Week – an annual week where hospitals across the country give their employees a well-earned weeklong thank you – may have wrapped up yesterday, but let's continue to appreciate the stellar staff at Bartlett Regional Hospital. With the COVID-19 pandemic, staff at Bartlett Regional Hospital – from cleaning and laundry to frontline medical staff – have been working around the clock to make BRH safe and expand its capacity for care. Thank you, BRH, today and every day.

If you have COVID-19 symptoms, DON'T WAIT.

COVID-19 SYMPTOMS

Wet or dry cough



Shortness of breath



Fever



Chills



Muscle pain



Headache



Loss of smell or taste



Sore throat



Fatigue



GET TESTED.

Contact your primary healthcare provider
or call Juneau's COVID-19 Screening Hotline

586-6000

8 A.M. TO 5 P.M. DAILY

