

24-Hour NurseLine



Because we understand that sometimes your healthcare needs don't have a schedule, we've given you the security of the 24-Hour NurseLine.

It's a good feeling to know someone's there to offer you advice when you need it.

The Premera Blue Cross Blue Shield of Alaska 24-Hour NurseLine is staffed by registered nurses who provide around-the-clock healthcare recommendations for treatment of injuries or illness, or answer questions about other health related issues.

Treatment recommendations

Our nurses are trained to ask the right questions to make a recommendation about when and where you should seek treatment for an injury or illness. They base their recommendation on your symptoms and other relevant health conditions or history. If you need immediate care, they can direct you to appropriate medical care in your area.

Honest information and open conversation

The nurse who helps you has access to high-quality health resources and will listen to your concerns, answer questions and offer advice about many health related topics.

Healthcare advice from the NurseLine can help you understand and better manage your health conditions as well as provide peace of mind.

FREE and CONFIDENTIAL

All calls to the NurseLine are free and confidential, so you can talk as much and as openly as needed about the health conditions that concern you.

Calling the NurseLine

Nurses are accessible by phone 24-hours a day, seven days a week at 800-841-8343.

The 24-Hour NurseLine number is also listed on the back of your Premera Blue Cross Blue Shield of Alaska member ID card.

Clip and post this toll-free number near your phone:



24-Hour NurseLine

800-841-8343

Premera Blue Cross Blue Shield of Alaska

Speak with a registered nurse about your non-emergency health concerns

In case of emergency, CALL 911



The 24-Hour NurseLine is not a substitute for regular, scheduled care from your physician or healthcare provider.

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